



## **DARYL LANCASTER**

### **FIBER ARTIST**

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## **3 Day Workshop**

### **VESTED INTEREST**



We all have drawers and boxes of bits of treasured fabrics, handwoven, felted, antique, samplers, and quilt fabrics. Some are scraps from other projects, some are samples from workshops. Some are finished projects that didn't work or don't fit anymore. And then there are all the scarves and placemats... This is a workshop on taking what you don't know what to do with and learning to piece it all together to make a wonderful, lined vest, custom fitted to you. Fitting, garment construction, and piecing techniques for all types of fabric will be covered. Anything goes here, it's a chance to get really carried away since all you have to lose are a few scraps! View a lookbook of the 500 vest, with examples of pieced vests here.

<https://weaversew.com/wordblog/500-vest-lookbook/>

**ALL LEVELS ARE WELCOME**, some knowledge of the sewing machine is expected.

**MAXIMUM ENROLLMENT: 10** Class will be conducted via Zoom. Zoom account and link are provided by the participating guild

A PDF digital downloadable version of the PowerPoint component of the seminar will be available for participants before the presentation. It is usually sent to the guild ahead of time for distribution. It is expected that participants will have the digital version available on a tablet, laptop, or other digital device, or they may choose to print the file.

A PDF of the 500 vest pattern (<https://www.weaversew.com/shop/500-vest.html>) will be emailed free of charge to all participants in the class. This pattern contains all sizes, it will be expected that participants will print the PDF pages and trim and assemble them into a full size pattern. Patterns may be printed on an inkjet printer or via a venue like Staples, make sure the pages are printed actual size! Please view the tutorial on my YouTube channel, *The Weaver Sews*, [https://youtu.be/14\\_iQKfTfiw](https://youtu.be/14_iQKfTfiw) for instructions on how to download and assemble a downloadable pattern. Be sure to read the pattern intro before printing.

Participants will also be expected to trace off their size and make a test garment before class. For more information on how to trace the pattern, please view the tutorial on my YouTube channel <https://youtu.be/bQiRn7tMCIQ> \*Tracing material can be purchased from my website <https://www.weaversew.com/shop/red-dot-tracer.html>

Please review the tutorials on how to select your size in the YouTube video *What Size Am I Part 1* <https://youtu.be/MjkRSwMku30> , *What Size am I part 2* <https://youtu.be/OxBP7DpeN5o>

The first morning of the class will be discussing any size or alterations to the test garment. It is helpful to have a webcam to help me view the fit of the test garment, alternately, take photos of the fit from different angles and upload them to your computer or send them to me ahead of class. Using screen share we can view them together as a class. It is expected by lunchtime the first day that participants will have the correct pattern size ready for cutting out the base for piecing. Note: It is not required to use my vest pattern, but day three will involve constructing the vest and using my pattern directions. If you are an experienced garment maker, you may assemble your own pattern following your own directions.

#### SUPPLY LIST:

Participants should have available:

- A **CARDBOARD CUTTING BOARD WITH PRINTED GRID** Usually available from <https://www.joann.com/prym-dritz-superboard-cutting-board/1025055.html> **Prym-Dritz Superboard Cutting Board-36"X60"**, about \$20.00, (If one is not available, a large piece of corrugated cardboard can work, ideally 36" x 60".)
- A good **large work surface** for laying out the cutting board. Pieced vest will be assembled on it and anchored to it. Pieces will be fused while still on the cardboard cutting board, so bring a **large bath towel** to protect the table underneath if it is a laminate surface, or could be heat damaged in any way.
- Optional: **Risers or PVC pipes** if the table is the type that can/should be raised up for a better height. Save your back! Otherwise, a bar stool might be easier so you can perch while designing.
- **A SMALL ROTARY CUTTING BOARD AND ROTARY CUTTER** (OPTIONAL)
- **2 OR 3 GOOD QUALITY COLORED PENCILS** (eg. Sanford Prismacolor) and a **pencil sharpener**.
- **Black or white TAILOR'S CHALK** for marking the base interfacing
- **PUSH PINS** (or thumb tacks, usually available at an office supply store)
- **SEE-THRU 18" STRAIGHT EDGE RULER**
- **TAPE MEASURE**
- **TRANSPARENT SCOTCH TAPE**, like the kind in the green plaid package.
- **IRON AND IRONING BOARD**. Iron should produce good steam.
- **PORTABLE SEWING MACHINE PREFERABLY WITH INSTRUCTION MANUAL**, EXTRA NEEDLES (size 14), AND BOBBINS. TRY TO BECOME FAMILIAR WITH ITS OPERATION (especially if you are borrowing one ) AND OIL IT IF YOU HAVEN'T IN

A LONG TIME! (A zig zag sewing machine with a few decorative stitches is really helpful for this project. Straight stitch machines don't have any options for decorative finishes. Optional: If you have a walking/dual feed foot, please bring it. If you don't know what that is, don't worry about it.)

- **EXTENSION CORD AND POWER STRIP**
- **6" SEAM GAUGE** (THE KIND WITH THE SLIDING MARKER)
- **THREAD** (USE LONG STAPLE POLYESTER LIKE GUTTERMAN)
- **BALL HEADED QUILTERS PINS**
- **GOOD SCISSORS OR DRESSMAKERS SHEARS**
- **EMBROIDERY SCISSORS**
- A **SKEIN OF EMBROIDERY FLOSS** for making tailor's tacks. Floss should be very bright and contrasting and easily seen.
- **PRESS CLOTH** (I prefer a large square of silk organza or an old, men's handkerchief)
- A **5/16" – 3/8" wide quilter's press bar**. Sets of press bars are available from Amazon and in most quilting supply shops.  
<https://www.amazon.com/Clover-4052-Loop-Pressing-Bars/dp/B001HZWGMW>  
[https://www.amazon.com/Sew-Easy-Quilters-Strips-Variou/dp/B007D18902/ref=pd\\_lpo\\_1?pd\\_rd\\_i=B007D18902&psc=1](https://www.amazon.com/Sew-Easy-Quilters-Strips-Variou/dp/B007D18902/ref=pd_lpo_1?pd_rd_i=B007D18902&psc=1)
- **INSTRUCTIONS FOR ASSEMBLING THE 500 VEST**, available as a free download from my website. This file may be printed for your convenience while sewing. <https://www.daryllancaster.com/Webfiles/500VestDirections.pdf>
- **CLASS HANDOUT** provided as a PDF just before class. This file may be printed for your convenience.
- **PATTERN TRACING MEDIUM 2 YDS** gridded for tracing your size from the master pattern. You may purchase this from my eStore <https://www.weaversew.com/shop/red-dot-tracer.html> or purchase a roll of Swedish Tracing Medium from a place like Wawak.com <https://www.wawak.com/Cutting-Measuring/Patterns-Supplies/swedish-non-woven-tracing-paper-10-yds-x-29-white/?sku=MSC40> Note: The Swedish tracing paper does not have a grid. It is recommended that you draw a grid on each pattern piece.
- **FUSI KNIT INTERFACING 2 yards** This is the foundation of the pieced vest, and can be purchased from my eStore <https://www.weaversew.com/shop/htcw-fusi-knit-interfacing.html> Choose Black or White, depending on your scraps.
- **LOTS OF SCRAPS**, old work you can cut up, scarves, anything textile! Handwovens, felted fabrics, quilt fabrics, antique textiles, old clothing that means something to you, workshop samplers, feel free to mix fabrics, clean out your fabric bins, everything has a story! (Please avoid upholstery samples with the rubber backing) MAKE SURE EVERYTHING HAS BEEN PRE-WASHED!
- **For the bias trim, BRING A YARD OF LINING OR DECORATIVE FABRIC.** Piecing techniques on woven fabric require bias trim. I know it is hard to know what trim fabric to bring, throw in whatever you can carry. Often what works best isn't what you originally thought!
- **BRING TWO YARDS OF LINING TO LINE THE VEST.** (Lining fabrics and quilt cottons can work for this purpose) THIS FABRIC CAN BE DIFFERENT THAN THE

ONE USED FOR THE TRIM. **PRESHRINK BOTH FABRICS IN HOT WATER BEFORE CLASS.** (Place in hot tap water for about 20 minutes, roll in towel, hang to dry.)

### **Itinerary:**

**Day 1am:** Fine tune fit for participants test vest

**Day 1pm:** Lecture, cutting foundation for piecing, marking grid lines, how to anchor the foundation to a cutting board and design ideas. Lecture how to cut and assemble fabric pieces.

**Day 2am:** Continue to assemble fabric pieces into a pleasing design. It is helpful to have a webcam available to show the instructor the progress, alternately cell phone images may be texted or emailed to the instructor for feedback, and the class may gather for a group discussion via screen sharing.

**Day 2pm:** Lecture on fusing fabric pieces to the backing. By the end of the day, it is expected that participants will have their designs finished and fused. We close the day with a lecture on how to create the bridge joins, from bias tubes, created with a press bar.

**Day 3am:** Participants will continue to add bridge joins with bias tubes until all pieced surfaces are completed. Participants will recut pieced surfaces to correspond with the actual pattern and then cut the lining.

**Day 3pm:** Participants will start the step-by-step assembly process, assisted by specific YouTube videos, and PowerPoint lecture. It is expected that participants will be finishing the vest assembly on their own after the workshop. The instructor will be available via email for any final issues.

Note: Participants are encouraged to keep their pieced designs simple to move through the itinerary and keep up with the class.

**There are a number of YouTube videos I have created to assist in the construction of the vest. Please take some time before class to familiarize yourself with them, especially those concerning the specifics of the vest construction. A play list is provided.**

**Wash your Fabric!** <https://youtu.be/ivqviCQqL88>

**Back neck alterations** <https://youtu.be/kA7s1sInuYA>

**Darts Part 1** <https://youtu.be/ipj1zeFvBUQ>

**Tracing Patterns for Better Results** <https://youtu.be/bQiRn7tMCIQ>

**First Steps Stay Stitching and the Hong Kong Seam Finish**

<https://youtu.be/Ab0Y1d6RI6M>

**Darts Part 2** [https://youtu.be/mUwxFc1l\\_nY](https://youtu.be/mUwxFc1l_nY)

**Piping and Cording Part 2: Attaching to a Band and Jacket**

<https://youtu.be/UT53bdBSJWM>

**500 Vest Part 1: Tips and Tricks for a square armhole**

<https://youtu.be/17zbFhn61kg>

## **500 Vest Part 2: Tips and Tricks for finishing a square armhole**

<https://youtu.be/kbwzwSGODnI>

Bio: Daryl Lancaster, a hand-weaver and fiber artist known for her award-winning hand-woven fabric and garments, has been constructing garments for more than half a century. She has given lectures and workshops to guilds, conferences, and craft centers all over the United States. The former Features Editor for Handwoven Magazine, she has written more than 100 articles and digital content and frequently contributes to various weaving and sewing publications. She now has a YouTube channel, [The Weaver Sews](#) where she shares her extensive experience sewing handwoven garments. Daryl now offers a complete line of digital sewing patterns for handweavers.

<https://www.weaversew.com/shop/sewing-patterns.html> She maintains a blog at [www.weaversew.com/wordblog](http://www.weaversew.com/wordblog) Find her at [www.Daryllancaster.com](http://www.Daryllancaster.com)