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5 Day Workshop / Optional 7 day

**Garment Construction Intensive: Wrap your body
in clothing from your own hands.**



All levels are welcome. This is a terrific class for those wanting to learn to fit and sew clothing from their handwoven, hand printed, dyed, quilted, felted or just commercial fabric, as well as for those more experienced students wanting polished and professional results. New students will construct a basic custom fit unlined jacket or lined vest from their own fabric while learning all sorts of inspiring construction techniques to make their garments reflect their creativity. Returning students who have already made a jacket with me in any other class may make a variation on the basic jacket, such as a swing version, shawl collar, lining, and bound buttonhole closure. Or returning students may make the tunic. Returning students may also bring their own patterns and agenda.

Materials fee for **new students only**: \$35. Interfacing, pattern paper and extensive bound handout, twill tape, press bar and shoulder pads if needed. **All others may purchase materials as needed.**

ALL LEVELS ARE WELCOME

MAXIMUM ENROLLMENT: 15

SUPPLY LISTS:

Facility should provide:

- A cafeteria size table for each student and two for the instructor.
- Access to electricity for sewing machines and irons.
- 2 or 3 irons and ironing boards
- A full-length mirror
- Garment rack.
- A tailor's ham and sleeve roll
- A sewing machine should be made available for any student who can't bring one to class due to travel restrictions.
- A screen, extension cord and power strip for the digital presentations. **I supply the LCD projector and laptop.**

Students should bring: (PLEASE LABEL EVERYTHING WITH YOUR NAME!)

- A CARDBOARD CUTTING BOARD WITH PRINTED GRID Usually available from www.joann.com **Wrights Cardboard Pattern Cutting Board-36"X60"**, (If one is not available, a large piece of corrugated cardboard can work, ideally 36" x 60".)
- 2 OR 3 GOOD QUALITY COLORED PENCILS (eg. Sanford Prismacolor)
- SEE-THRU STRAIGHT EDGE RULER
- TAPE MEASURE
- A PENCIL SHARPENER
- PORTABLE SEWING MACHINE PREFERABLY WITH INSTRUCTION MANUAL, EXTRA NEEDLES (size 14), AND BOBBINS. TRY TO BECOME FAMILIAR WITH ITS OPERATION (especially if you are borrowing one) AND OIL IT IF YOU HAVEN'T IN A LONG TIME!
Optional: If you have a walking/dual feed foot, please bring it.
- EXTENSION CORD AND POWER STRIP
- 6" SEAM GAUGE (THE KIND WITH THE SLIDING MARKER)
- GOOD SCISSORS OR DRESSMAKERS SHEARS (My favorite is Gingher Lightweights G-8F)
- EMBROIDERY SCISSORS (eg. Gingher 4")
- HAND SEWING NEEDLES AND THIMBLE IF YOU USE ONE
- CAKE OF BEESWAX or THREAD HEAVEN thread conditioner
- NOTEBOOK AND PEN (a highlighter is also helpful)
- A SMALL ROTARY CUTTING BOARD AND ROTARY CUTTER (OPTIONAL)
- PUSH PINS (THE KIND YOU USE FOR BULLETIN BOARDS)
- THREAD TO MATCH YOUR FABRICS including any linings (Use a long staple polyester like Gutterman)
- BALL HEADED QUILTERS PINS if using heavier fabric, or SILK DRESSMAKERS PINS for finer fabrics.
- PRESS CLOTH (OLD, MEN'S HANDKERCHIEF WORKS GREAT)
- LOTS OF SCRAPS TO PLAY WITH, YOU WILL BE LEARNING MANY NEW TECHNIQUES, SEAM FINISHES, ETC. YOU WILL HAVE THE OPPORTUNITY TO TRY OUT SOME OF THESE TECHNIQUES.
- ANY SHOW AND TELL, QUESTIONS OR PROBLEMS, WHERE YOU WOULD LIKE FEEDBACK FROM ME AND/OR THE CLASS
- A HANGER for the finished garment!
- **A COUPLE OF OLD SHEETS OR JUNK FABRIC FOR CREATING A MUSLIN OR TEST GARMENT. ESPECIALLY IMPORTANT FOR RETURNING STUDENTS. Plaids are ideal!**

REQUIREMENTS FOR FABRIC:

Fabrics should be suitable for garment construction. Any stable fabric will work here, part of the class is to make what you create work for clothing.

Finishing is important. **ALL FABRICS SHOULD BE WASHED PRIOR TO CLASS!** The exception here would be fabrics that were processed, dyed, felted, steamed, etc. They would already be preshrunk. If using handwoven fabric, or something commercial that has not been in contact with moisture, steam, water, whatever, please machine wash your completed fabric **AT A MINIMUM** on **GENTLE CYCLE** for 3 minutes in **COLD OR WARM WATER** using a laundry detergent. This is even suitable for wool and mohair. Fabric may be hung to dry or machine dried if the fabric warrants this type of processing. Test, Test, Test! When fabric is completely dry, it should be steam pressed. You could even have the dry cleaner press it if your iron is inadequate.

If you are unsure of your sewing skills or you do not have the time to weave, felt or dye some kind of fabric, you may purchase a commercial fabric. Choose something that would give a similar result to what you usually like to work with.

FOR THE BASIC JACKET/NECK BAND, HIP LENGTH:

- Fabric should be approximately 6 yards x 24" wide or 4 yards x 36" – 45" wide or 2 yards x 60" wide **AFTER WASHING**. Remember fabric can shrink as much as 30% when washed so in order to ensure everyone will have enough fabric for their jacket, samples, mistakes, swatches, etc., use the above guidelines as minimums. I would rather have leftover fabric than not enough.
- IN ADDITION: 1 YD. of LINING FABRIC (45" wide) for pocket lining and seam finishing. Pick something fun that will show off those fabulously finished seams. Any lining fabric will do, silk, rayon, acetate, cotton, polyester, whatever you can find, as long as it is lighter in weight than the outer fabric. **PRESHRINK FABRIC IN HOT WATER BEFORE CLASS.** (Place in hot tap water for about 20 minutes, roll in towel, hang to dry.)
- If a full lining is desired, please bring approximately 3 yards of a suitable lining fabric. Directions will be given for inserting a lining. **PRESHRINK FABRIC IN HOT WATER BEFORE CLASS.** (Place in hot tap water for about 20 minutes, roll in towel, hang to dry.)
- If a longer length is desired, or the swing version, additional fabric will be needed. If making the **optional shawl collar** please bring an additional yard of fabric.

FOR THE VEST, HIP LENGTH:

- For the largest size vest (54" bust), fabric should be approximately 4 ½ yards x 18" or 3 ½ yards x 24" wide or 2 yards x 36" wide **AFTER WASHING**. **Smaller sizes will need less fabric.** Fabrics should have a consistent beat, a firm but drapeable hand and should be suitable for garment construction. Since the finished garment will be a tunic or overshirt, participants should choose a sett that will allow drape without creating a sleazy fabric. **Suggested fibers are cotton, linen, blends, tencel, rayons, or silk. This tunic can also work for layering in a fine wool or blend like Zephyr wool and silk.**
- **BRING TWO YARDS OF LINING TO LINE THE VEST.** (Lining fabrics and quilt cottons can work for this purpose) **PRESHRINK FABRIC IN HOT WATER BEFORE CLASS.** (Place in hot tap water for about 20 minutes, roll in towel, hang to dry.)
- For the walking vest, or longer length, add an additional two yards of fabric.

FOR RETURNING STUDENTS WHO ARE MAKING THE TUNIC:

- 20" wide fabric - **6 yards AFTER WASHING** (Note: will require center front and back seams and piecing of part of the sleeves for larger sizes. 32" – 45" wide fabric – **4 yards AFTER WASHING**, 60" wide – **2 yards AFTER WASHING**, Smaller sizes may need less fabric.
- 1/2 YD. of COORDINATING OR CONTRASTING FABRIC (45" wide) for front plackets, collar and yoke lining. This fabric should be crisp and stable. It will be seen from the right side of the garment. **PRESHRINK FABRIC IN HOT WATER BEFORE CLASS.** (Place in hot tap water for about 20 minutes, roll in towel, hang to dry.)

FOR FELTERS MAKING A JACKET:

- See the template below for approximate sizes for each panel. Felt a panel for each garment section rather than try to and create yardage. Felt should be stable, suitable for a lightweight jacket or outerwear. We will try to maintain the natural edge in hand felt for seam and edge finishes. The colors refer to sizing. Use your hip measurement to determine which color would work best. (Hip Measurement + 4-6" ease) ÷ 2 = back panel width.

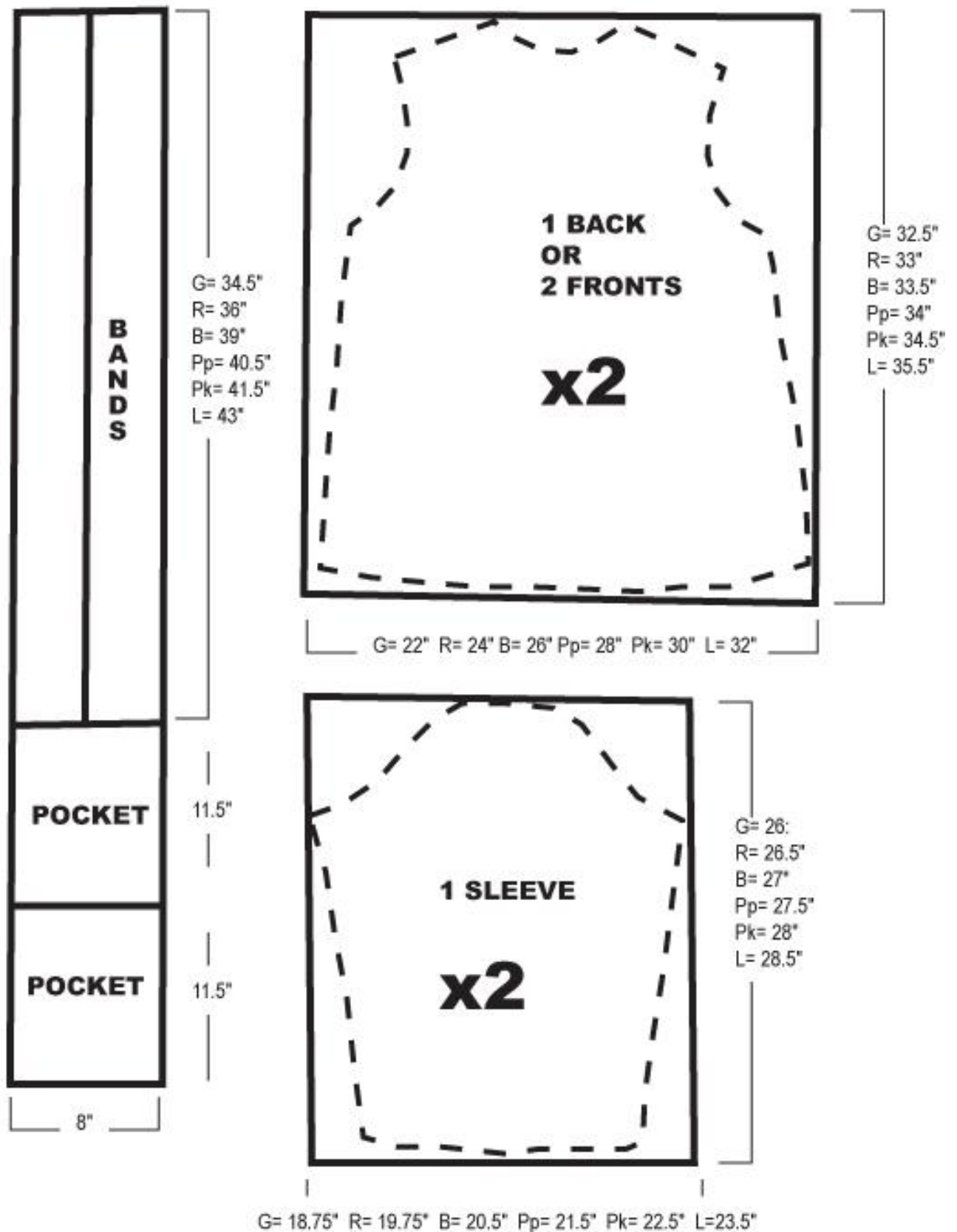
PLEASE email me and let me know your plans so I can have the appropriate patterns and materials for you.

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BIO:

Daryl Lancaster, a hand-weaver and fiber artist known for her award winning hand-woven garments, has been constructing garments for more than 50 years. She gives lectures and workshops to guilds, conferences, and craft centers all over the United States and Canada. The former Features Editor for Handwoven Magazine, she frequently contributes to various weaving and sewing publications. Daryl maintains a blog at www.weaversew.com/wordblog

TEMPLATE FOR FELT JACKET



G = GREEN R= RED B= NAVY BLUE Pp= PURPLE Pk= PEACOCK BLUE L= LIME GREEN