

## **DARYL LANCASTER**

*FIBER ARTIST*

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## **5 Day Workshop**



**A WEARABLE  
EXTRAVAGANZA: Wrap your  
body in clothing from your own  
hands.**

**This is a terrific class for those wanting to learn to fit and sew clothing from their handwoven, hand printed, dyed, quilted, felted or other special fabric, as well as for those more experienced students wanting polished and professional results. Students will construct a basic unlined jacket, from their own fabric, custom fit to themselves while learning all sorts of inspiring techniques to make their garments reflect their creativity. This class is designed to teach creativity as well as technique. Students who have already made a jacket with me may opt to bring their own patterns.**

ALL LEVELS ARE WELCOME

### **BIO:**

**Daryl Lancaster, a hand-weaver and fiber artist known for her hand-woven, pieced garments, has been sewing for more than 40 years. She gives lectures and workshops to guilds, conferences, and craft centers all over the United States. The former Features Editor for Handwoven Magazine, she frequently contributes to various weaving publications.**

**MAXIMUM ENROLLMENT: 16**

### **SUPPLY LISTS:**

a. Each student including myself will need a table and chair (two students could share a large cafeteria type table). A few extra tables would be helpful for samples, storyboards, etc. An electrical outlet will be necessary for each power strip, and for 2 or 3 irons. There needs to be adequate power as each iron could draw 1500 watts. Also, 2 or 3 irons and ironing boards will be necessary for a class that size. (Irons should be sturdy, heavy, steam types, which do not automatically shut off). A full-length mirror and garment rack for hanging samples will be needed.

Also, please supply an electric pencil sharpener. The room should be large enough for students to comfortably move around. A sewing machine should be made available for any student who can't bring one to class due to travel restrictions. In addition, I will need a screen, extension cord and power strip for the digital presentations. **I supply the LCD projector and laptop.**

b. Students should bring: (PLEASE LABEL EVERYTHING WITH YOUR NAME!)

- A CARDBOARD CUTTING BOARD WITH PRINTED GRID Usually available from [www.joann.com](http://www.joann.com) **Wrights Cardboard Pattern Cutting Board-36"X60"**, about \$7.00, (If one is not available, a large piece of corrugated cardboard can work, ideally 36" x 60".)
- 2 OR 3 GOOD QUALITY COLORED PENCILS (eg. Sanford Prismacolor)
- SEE-THRU STRAIGHT EDGE RULER
- TAPE MEASURE
- PORTABLE SEWING MACHINE PREFERABLY WITH INSTRUCTION MANUAL, EXTRA NEEDLES (size 14), AND BOBBINS. TRY TO BECOME FAMILIAR WITH ITS OPERATION (especially if you are borrowing one ) AND OIL IT IF YOU HAVEN'T IN A LONG TIME!  
Optional: If you have a walking/dual feed foot, please bring it.
- EXTENSION CORD AND POWER STRIP
- 6" SEAM GAUGE (THE KIND WITH THE SLIDING MARKER)
- GOOD SCISSORS OR DRESSMAKERS SHEARS (My favorite is Gingher Lightweights G-8F)
- EMBROIDERY SCISSORS (eg. Gingher 4")
- HAND SEWING NEEDLES AND THIMBLE IF YOU USE ONE
- CAKE OF BEESWAX or THREAD HEAVEN thread conditioner
- NOTEBOOK AND PEN (a highlighter is also helpful)
- A SMALL ROTARY CUTTING BOARD AND ROTARY CUTTER (OPTIONAL)
- PUSH PINS (THE KIND YOU USE FOR BULLETIN BOARDS)
- THREAD TO MATCH YOUR FABRICS including any linings (Use a long staple polyester like Gutterman)
- BALL HEADED QUILTERS PINS if using heavier fabric, or SILK DRESSMAKERS PINS for finer fabrics.
- PRESS CLOTH (OLD, MEN'S HANDKERCHIEF WORKS GREAT)
- LOTS OF SCRAPS TO PLAY WITH, YOU WILL BE LEARNING MANY NEW TECHNIQUES, SEAM FINISHES, ETC. YOU WILL HAVE THE OPPORTUNITY TO TRY OUT SOME OF THESE TECHNIQUES.
- ANY SHOW AND TELL, QUESTIONS OR PROBLEMS, WHERE YOU WOULD LIKE FEEDBACK FROM ME AND/OR THE CLASS
- 1 YD. of LINING FABRIC (45" wide) for pocket lining and seam finishing. Pick something fun that will show off those fabulously finished seams. Any lining fabric will do, silk, rayon, acetate, cotton, polyester, whatever you can find, as long as it is lighter in weight than the outer fabric.

### **FABRIC REQUIREMENTS:**

Participants will be constructing a simple UNLINED jacket from their own fabric during the five day workshop. Fabrics should be suitable for garment construction. Any stable fabric will work here, part of the class is to make what you create, work for clothing. (A lining may be added after the class. Directions will be included).

Fabric should be approximately 6 yards x 24" wide or 4 yards x 36" – 45" wide or 2 yards x 60" wide **AFTER WASHING**. Remember fabric can shrink as much as 30% when washed so in order to ensure everyone will have enough fabric for their jacket, samples, mistakes, swatches, etc., use the above guidelines as minimums. I would rather have leftover fabric than not enough. (Besides, there are lots of things to do with leftover scraps, but that's another class.)

Finishing is important. **ALL FABRICS SHOULD BE WASHED PRIOR TO CLASS!** The exception here would be fabrics that were processed, dyed, felted, steamed, etc. They would already be preshrunk. If using handwoven fabric, or something commercial that has not been in contact with moisture, steam, water, whatever, please machine wash your completed fabric on **GENTLE CYCLE** for 3 minutes in **COLD WATER** using a laundry detergent. This is even suitable for wool and mohair. Fabric should be hung to dry, but do not pin to a clothesline. You will stretch out one edge, making it impossible to use your selvages. I prefer to drape fabric through large plastic hangers and pin the hangers to the clothesline. You may also machine dry if the fabric warrants this type of processing. Test, Test, Test! When fabric is completely dry, it should be steam pressed. You could even have the dry cleaner press it if your iron is inadequate. Fabric should then be rolled onto a cardboard tube or PVC pipe so it stays smooth and wrinkle free, unless wrinkles are desired, **NO RULES!**

If you are unsure of your sewing skills or you do not have the time to make or dye some kind of fabric, you may purchase a commercial fabric. Choose something that would give a similar result to what you usually like to work with.

**MATERIALS FEE: \$35.00 INCLUDES SHOULDER PADS, TWILL TAPE, INTERFACING, PATTERN PAPER AND EXTENSIVE BOUND HANDOUT**

**NOTE: If you are a repeat student, and have already taken a class with me, and made the jacket, you may either make the vest variation, a pieced vest or jacket, or bring a commercial pattern you wish to use and muslin fabric, (or an old sheet), and work on fitting the pattern. PLEASE email me and let me know your plans so I can have the appropriate patterns and materials for you.**

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