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3 Day Workshop/ Category: Garments

TUNIC/OVERSHIRT



For those who have already made the jacket and would like a more challenging silhouette, this tunic or overshirt has lots of intermediate skills, like a curved shirrtail hem, neck placket, topstitching and tricot seam finishes. This silhouette is appropriate for most figures, and works well in handwoven or commercial fabrics, especially in cottons, rayons, linen and blends, and tencel.

The tunic/overshirt may be made during any class where the basic jacket silhouette is offered.

Note: This silhouette requires a half yard of contrasting or coordinating fabric, which will be seen from the right side of the garment. Coordinating fabric will be used for the front plackets, collar and yoke linings.

ALL LEVELS ARE WELCOME

MAXIMUM ENROLLMENT: 16

MATERIALS FEE: \$25.00 INCLUDES TRICOT FOR SEAM FINISH, INTERFACING, PATTERN PAPER AND HANDOUT

SUPPLY LISTS:

a. Each student including myself will need a table and chair (two students could share a large cafeteria type table). A few extra tables would be helpful for samples, etc. An electrical outlet will be necessary for each student, myself, and for 2 or 3 irons. There needs to be adequate power as each iron could draw 1500 watts. Also, 2 or 3 irons and ironing boards will be necessary for a

class that size. (Irons should be sturdy, heavy, steam types, which do not automatically shut off). A full-length mirror and garment rack for hanging samples will be needed and an electric pencil sharpener. The room should be large enough for students to comfortably move around. A sewing machine should be made available for any student who can't bring one to class due to travel restrictions. Also, I will need a screen and extension cord/power strip for the Power Point presentation, I will provide the LCD projector.

b. Students should bring:

- A CARDBOARD CUTTING BOARD WITH PRINTED GRID IF POSSIBLE Usually available from www.joann.com **Wrights Cardboard Pattern Cutting Board-36"X60"**, about \$15.00, (If one is not available, a large piece of corrugated cardboard can work, ideally 36" x 60".)
- A SMALL ROTARY CUTTING BOARD AND ROTARY CUTTER (OPTIONAL)
- 2 OR 3 GOOD QUALITY COLORED PENCILS (eg. Sanford Prismacolor)
- PUSH PINS
- SEE-THRU STRAIGHT EDGE RULER
- TAPE MEASURE
- PORTABLE SEWING MACHINE PREFERABLY WITH INSTRUCTION MANUAL, EXTRA NEEDLES (size 14), AND BOBBINS. TRY TO BECOME FAMILIAR WITH ITS OPERATION AND OIL IT IF YOU HAVEN'T IN A LONG TIME! Optional: If you have a walking/dual feed foot, please bring it.
- EXTENSION CORD AND POWER STRIP
- 6" SEAM GAUGE (THE KIND WITH THE SLIDING MARKER)
- THREAD TO MATCH YOUR FABRIC (use long staple polyester thread like Gutterman, you will need one 500 meter spool or two small spools)
- CONTRASTING THREAD FOR TAILOR'S TACKS
- BALL HEADED QUILTERS PINS FOR HANDWOVEN FABRICS, REGULAR SILK DRESSMAKER PINS FOR COMMERCIAL FABRICS
- GOOD DRESSMAKERS SHEARS
- EMBROIDERY SCISSORS (eg. Gingher 4")
- CAKE OF BEESWAX
- NOTEBOOK AND PEN (a highlighter is helpful too)
- PRESS CLOTH (OLD MEN'S HANDKERCHIEF WORKS GREAT)
- 1/2 YD. of COORDINATING OR CONTRASTING FABRIC (45" wide) for front plackets, collar and yoke lining. This fabric should be crisp and stable. It will be seen from the right side of the garment.
- A HANGER for the finished garment!

FABRIC REQUIREMENTS:

20" wide fabric - **6 yards** Net (Note: will require center front and back seams and piecing of part of the sleeves for larger sizes.

32" – 45" wide fabric – **4 yards** Net

60" wide – **2 yards** Net

Note: Net refers to dimensions of fabric after washing/fulling. Please read below for washing suggestions. Smaller sizes may need less fabric.

Participants will be constructing a tunic or overshirt from their own handwoven fabric during the three day workshop. Fabrics should have a consistent beat, a firm but drapeable hand and should be suitable for garment construction. Since the finished garment will be a tunic or overshirt, participants should choose a sett that will allow drape without creating a sleazy fabric. **Suggested fibers are cotton, linen, blends, tencel, rayons, or silk. This tunic can also work for layering in a fine wool or blend like Zephyr wool and silk.**

Please **do not try intricate patterning, obvious even or uneven plaids, large floats, or weaves that tend to fray excessively. Keep it simple, it's not about the fabric.** Avoid heavy slubs that may jam in the sewing machine. Do not weave something heavier than your sewing machine can handle comfortably. The fewer difficulties you encounter when working with your fabric, the better the chance you will complete your tunic.

Weft ends should be tucked back in at the selvages and trimmed close. Do not leave long tails of threads hanging out or overlap ends in the web of fabric.

Finishing is important. **ALL FABRICS MUST BE WASHED PRIOR TO CLASS!** No fabric should be sewn into a garment until it has been properly finished. Use the machine. Water temperature depends on fiber content. Use the warmest water necessary to achieve desired results. Machine dry if appropriate, or hang to dry. Roll pressed fabric onto a cardboard tube or PVC pipe so it stays smooth and wrinkle free.

Incidentally, you may want to overcast the edges to prevent excess fraying of the fabric prior to washing. I usually don't as I find if I leave an inch of unwoven warp ends at either end of the yardage the weft rarely comes out more than 1/2" in the wash.

If you are unsure of your sewing or weaving skills or you do not have the time to finish your fabric, you may purchase a commercial fabric. Choose something suitable for a tunic or overshirt. (NO PLAIDS, KNITS, OR NAPPED FABRICS PLEASE).