

DARYL LANCASTER

FIBER ARTIST

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2 Day Workshop

Vest of the Vest



Dust off your sewing machine and jumpstart your skills. This simple lined vest is custom fit, guaranteed to look great, feel good, and teach you the basics of garment construction. Great for handweavers, felters and surface designers, as well as those just wanting to get back into sewing... this vest looks great in all fabrics.

ALL LEVELS ARE WELCOME

Daryl Lancaster, a hand-weaver and fiber artist known for her hand-woven, pieced garments, has been sewing for more than 40 years. She gives lectures and workshops to guilds, conferences, and craft centers all over the United States. The former Features Editor for Handwoven Magazine, she frequently contributes to various weaving publications.

MAXIMUM ENROLLMENT: 15

SUPPLY LISTS:

a. Each student including myself will need a table and chair (two students could share a large cafeteria type table). A few extra tables would be helpful for samples, storyboards, etc. An electrical outlet will be necessary for each student, myself, and for 2 or 3 irons. There needs to be adequate power as each iron could draw 1500 watts. Also, 2 or 3 irons and ironing boards will be necessary for a class that size. (Irons should be sturdy, heavy, steam types, which do not automatically shut off). A full-length mirror and garment rack for hanging samples will be needed and an electric pencil sharpener. The room should be large enough for students to comfortably move around. A sewing machine should be made available for any student who can't bring one to class due to travel restrictions. Also, I will need a screen and extension cord/power strip for the Power Point presentation, I will provide the LCD projector.

b. Students should bring:

- 2 OR 3 GOOD QUALITY COLORED PENCILS (eg. Sanford Prismacolor)
- PUSH PINS
- SEE-THRU STRAIGHT EDGE RULER
- TAPE MEASURE
- 6" SEAM GAUGE (THE KIND WITH THE SLIDING MARKER)
- THREAD TO MATCH YOUR FABRIC (use long staple polyester thread like Gutterman)
- A SKEIN OF EMBROIDERY FLOSS FOR TAILOR'S TACKS
- BALL HEADED QUILTERS PINS
- GOOD SCISSORS OR DRESSMAKERS SHEARS (my favorite is Gingher Lightweights G-8F)
- EMBROIDERY SCISSORS (eg. Gingher 4")
- HAND SEWING NEEDLES AND THIMBLE IF YOU USE ONE
- NOTEBOOK AND PEN (a highlighter is helpful too)
- PRESS CLOTH (OLD MEN'S HANDKERCHIEF WORKS GREAT)
- BRING TWO YARDS OF LINING TO LINE THE VEST. (Lining fabrics and quilt cottons can work for this purpose) PRESHRINK FABRIC IN HOT WATER BEFORE CLASS. (Place in hot tap water for about 20 minutes, roll in towel, hang to dry.)
- A HANGER for the finished garment!

FABRIC REQUIREMENTS:

Participants will be constructing a simple lined vest from their own handwoven, felted, or commercial fabric during the two day workshop.

For the largest size vest (54" bust), fabric should be approximately 4 ½ yards x 18" or 3 ½ yards x 24" wide or 2 yards x 36" wide or 1 ¼ yard x 60", **AFTER WASHING. Smaller sizes will need less fabric.** Remember fabric can shrink as much as 35% when washed.

Finishing is important. **ALL FABRICS MUST BE WASHED PRIOR TO CLASS!** No fabric should be sewn into a garment until it has been properly finished. Please machine wash your completed fabric on **GENTLE CYCLE** for 3 minutes in **warm water** using a laundry detergent. This is important for removing excess yarn dyes and finishes. This is even suitable for wool and mohair. (for wool or mohair, use cold water!) Many fabrics can be run through the washing machine at a normal cycle using warm water. You may want to take a small piece of the fabric and test it. Fabric should be hung to dry or machine dried if appropriate. Test a small piece of the fabric first.

When fabric is completely dry, it should be steam pressed. You could even have the dry cleaner press it if your iron is inadequate. Fabric should then be rolled onto a cardboard tube or PVC pipe so it stays smooth and wrinkle free.

MATERIALS FEE: \$25.00 INCLUDES INTERFACING, PATTERN PAPER AND HANDOUT